



Enjoy serving customers who **APPRECIATE THE VALUE** of good food? Promoting nutrition while **CELEBRATING CULINARY TRADITIONS**? Want to work in a restaurant environment where you really **get to know** your customers?

CULINARY

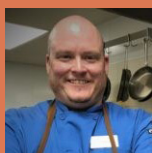
CAREER OPPORTUNITIES IN SENIOR LIVING

- COOK
- LEAD COOK
- FOOD & BEVERAGE DIRECTOR
- SOUS CHEF
- EXECUTIVE CHEF
- REGIONAL EXECUTIVE CHEF
- CORPORATE EXECUTIVE CHEF



"It's very satisfying to use my creative culinary skills to prepare healthy and attractive meals for residents. At the same time, I feel valued and appreciated. To top it off, I'm able to spend more time with family and friends than my previous culinary roles allowed. What's not to like about that?"

Kary Saunders
Executive Chef, Eskaton



"Having worked in hotels, casinos, and fine dining across the US, I made a decision to give greater focus to my quality of life without sacrificing the quality of my work. After looking into Senior Living for my grandmother, I found my culinary home there as well. Preparing meals with fresh ingredients, building connections with residents and family members, and having a better work-life balance has proven to be incredibly gratifying."

Chef Michael "MJ" Jackson
Executive Chef, Carlton Senior Living, Davis & Sacramento

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WHAT IS SENIOR LIVING?

In California, licensed Senior Living encompasses Assisted Living, Memory Care, and Continuing Care Retirement Communities. These models refer to a special combination of housing, personalized supportive services, and 24-hour staff designed to respond to the individual needs of those who require help with activities of daily living. These senior housing options are non-institutional, home-like settings that promote maximum independence and dignity for each resident and encourage family and community involvement.

SENIOR LIVING AT A GLANCE

- California has nearly **8,000** licensed Senior Living communities
- Over **175,000** seniors live in California's Senior Living communities
- **93%** of residents are satisfied with their Senior Living experience
- Senior Living provides more than **68,000** jobs in California

BENEFITS OF A CAREER IN SENIOR LIVING

- There's an **increase in the demand** for jobs in Senior Living due to California's growing aging population.
- Professionals in Senior Living enjoy a high degree of **personal satisfaction** from their contribution to enhancing residents' quality of life.
- Employers are actively seeking **culinary graduates** who can help develop outstanding restaurant experiences, an essential component of high resident satisfaction.

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