

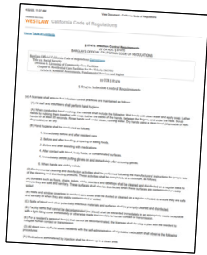
INFECTION CONTROL REGULATIONS
California RCFE Regulation 87470



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Regulation 87470

- Effective now
- Final regulations are coming
- Infection Control Plan must be submitted by June 30, 2022



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Key Components

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Key Components

- Hand hygiene
- Environmental cleaning and disinfection
- Injection
- PPE
- Respiratory etiquette
- Medication assistance
- When residents have a communicable disease

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Hand Hygiene

- Soap and water
- At least 20 seconds
- When to perform



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When to Perform

- Immediately before and after resident care
- Before and after handling, preparing or eating foods
- Before and after assisting with medications
- After contact with blood, body fluids, or contaminated surfaces
- Immediately before putting gloves on and immediately after removing gloves
- When hands are visibly soiled

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CDC Guidance

Unless hands are visibly soiled, an alcohol-based hand rub is preferred over soap and water in most clinical situations due to evidence of better compliance compared to soap and water. Hand rubs are generally less irritating to hands and, in the absence of a sink, are an effective method of cleaning hands.



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Environmental Cleaning and Disinfection

- Follow manufacturer's instructions
- Floors, chairs, toilets, sinks, counters and tabletops
- "Regularly" and when visibly soiled



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Reusable Items

- Disinfect prior to use
- 70% isopropyl alcohol, .5% bleach
- Thoroughly wipe down the air bladder, tubing, bulb pump, and dial gauge
- Wipe clean with a damp cloth (water)
- Allow to air dry



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Injections

- Syringe and needle only for one resident
- Properly disposed of in a sharps container
- Top of vial swabbed with alcohol swab prior to needle entry



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Gloves

- Contact with blood or body fluids such as saliva, stool, vomit or urine
- Cut or open wound on the hands of the staff or volunteer
- Assisting with direct resident care and coming into direct contact with residents, such as bathing, **dressing**, or assisting with incontinence.
- Administering first aid

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Respiratory Etiquette

- The mouth and nose shall be covered with a tissue or one's upper sleeve or elbow rather than one's hand(s), when coughing or sneezing
- A tissue shall be disposed of in the nearest waste receptacle **with a tight-fitting cover** immediately after use

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Communicable Disease

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Communicable Disease

- "...when one or more residents in the facility are diagnosed with a communicable disease..."

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Enhanced Environmental Cleaning and Disinfection

- All frequently touched surfaces such as doorknobs, handles, and shared items

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Appropriate PPE

- Consult with local health official or a licensed medical professional
- Discard in nearest appropriate waste receptacle with a tight-fitting cover
- Staff and volunteers shall be trained



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Isolation

- There shall be separation and care of residents whose illness requires separation, including quarantine or isolation, from others
- Private room
- Cohorting when applicable

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Infection Control Plan

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Infection Control Plan

- Due by June 30, 2022
- "Infection preventionist"
- Description of you will comply with the regulation
- Training requirements for staff (initial and ongoing)
- Review annually and as needed
- Staff shall demonstrate knowledge

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Infection Preventionist

- Identify a staff position to perform the duties
- Trained by a medical professional, local health official, health department, or other research based medical authority

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Emergency Infection Control Plan

- When an emergency is proclaimed or declared
- Plan will be updated and submitted within 15 calendar days
- Distribute to residents, staff, and responsible parties
- Train staff within 10 calendar days after submission
- Reviewed every 30 days and as needed

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